

God, Our Refuge

Hello, friends. Sometimes do you feel like you need a place of refuge? A place to get away from problems, stress or difficult circumstances? Though we may not be able to go to another relaxing, stress-free place on earth, or be removed from difficult circumstances, there is always One whom we can go to for refuge--that is JESUS. Psalm 46:1 says, "God is our refuge and strength, a very present help in trouble." And He is available 24/7. He will not be sleeping. Psalm 121:3 says, "He that keepeth thee will not slumber." If you need direction, if you need comfort, if you need a refuge, if you need help, go to Him. He will direct your paths. Proverbs 3:5,6 says, "Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge Him and He shall direct thy paths." And how do you go to Him? Through prayer. Not a boastful, proud, self-reliant prayer, but the sinner's prayer. Realizing that you are not perfect and that anything short of perfection is sin, realizing that as a sinner, Christ died on the cross for you--taking your penalty for sin, death, and that He has promised to come back again someday and take to heaven all those who love and trust Him, and realizing your need of His forgiveness for your life filled with mistakes and running away from God--humbly pray this prayer:

"Dear Lord Jesus,

I know I am a sinner, and I ask for your forgiveness. I believe you died for my sins and rose from the dead. I trust and follow you as my Lord and Savior. Guide my life and help me to do your will.

In your name, Amen."

If you prayed this prayer with a humble, sincere heart, seeking His will and guidance in your life, you can be assured that He heard you. Psalm 9:10 says, "The LORD has not forsaken them that seek Him." And, John 3:16, "Whosoever believeth in Him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through Him might be saved."

He is our refuge and strength. Take the time to seek Him today before it is too late.