

Jiffy "Cheese" Spread

Ingredients

- $\frac{3}{4}$ c. water
- $\frac{1}{3}$ c. clean, raw cashews
- 1 c. cooked brown rice
- 2 oz. jar pimientos
- 2 T. nutritional yeast flakes
- 2 T. fresh lemon juice
- 1 t. onion powder
- 1 t. salt
- $\frac{1}{4}$ t. garlic powder
- Pinch dill weed

Instructions

1. Blend cashews with about $\frac{1}{2}$ c. of the water until very smooth.
2. Add remaining water and cooked rice and continue blending.
3. Add remaining ingredients and continue blending until very smooth.
4. Store in fridge in airtight container.

Variation: Add caraway or chives, to taste.

Recipe from Weimar cookbook

God has furnished man with abundant means for the gratification of an unperverted appetite. He has spread before him the products of the earth—a bountiful variety of food that is palatable to the taste and nutritious to the system. Of these our benevolent heavenly Father says we may freely eat. Child Guidance 380